



TIGGER CLUB NEWS

THE NEWSPAPER FOR THE ANIMAL COMMUNITY.. BY ANIMALS - FOR ANIMALS

www.tigger.club

NEWSPAPER DATE: MARCH 2021

Light at the end of the lockdown?

Read the 4 step plan

See Page 6

Discount coupons

Exclusive Tigger Club News Coupons for you

On Page 8

Animals with careers

Interview with Max

See Page 10

ARE STAYCATIONS THEY NEW VACATIONS?

As the UK prepares to get up and running again after the lockdown, will staycations be the new vacations for everyone?

What are staycations?
Staycations are holidays or vacations that are taken in your own country.

Most countries have their border controls in a state of chaos and trying to sort out new rules for leaving and arriving,

To save a lot of time, money and frustration, a lot of humans have chosen to staycation.

The benefits of staycations are that you do not have to learn a new language, you can definitely find something you like to eat and best of all dogs are more likely to join them. I think that is a great win/win

all round BOL!

Staycations may be here for a few months or even years, but on the bright side it is nice to be able to explore the country you live in.

If your humans are not used to staycations and do not know where the dog friendly holiday accommodation is, get them to visit my website where I list quite a few.

If your humans own a dog friendly accommodation and would like a free listing on my website, tell them to get in touch with me.

Discover loads of dog friendly holiday accommodation, cafes and other places to visit on my website:

www.tigger.club/outandabout



Woo Hoo Pals!
Bug Bakes have launched their new food range and I have got my paws on an exclusive Tigger Club News offer for you.

To get **£10 off** your next order
use the code: **tigger10**
from www.bugbakes.co.uk



A MESSAGE FROM TIGGER



Hi Pals,
Woo hoo!

The warmer weather is getting nearer and the Government has started a four step plan to get us all out of lockdown.

This means all the businesses that have had to shut and sit on their paws for the last year can start trying to get back to work.

It also means I can get back out and about visiting dog friendly places and repawting on them.

Meeting up with pals will be great too, although looking at the plan, it will still be a few months away.

What are the first things you want to do when you can get out of lockdown? What have you missed doing? Are you keen to get back out and about when we are allowed to do so? Or are you nervous after being in lockdown for so long?

You will have seen my recent announcements for my new product range of towels.

Every one will be personalized, so will have to be ordered.

Including personalized tea towels, so you don't have to share with your humans when drying your bowls and other dishes BOL!

I will be adding to my range of towels and some gift sets.

Nose bump to you
Tigger

NEWS FROM DORIS - THE ROVING REPORTER



Hey pals,

I've been in my super spoilt home a whole 11 years now, time goes so quickly!

Elaine still remembers that day she picked me up from the rescue centre and popped me in the car. I've been stuck to her side ever since! So, eleven years rescued means I'm an old girl now, in fact 11 years, 4 months. And with that comes all those creaks and limps. I have a little arthritis in my back according to the vet but no need to go on proper

medication yet. I've tried all the usual tablets you can by, especially the famous one beginning with Y that everyone tries. Sadly it did nothing for me so Elaine tried making me some golden paste a few months ago for a trial.

You know what pals, it's helped a bit and I have a tiny amount in each meal and some glucosamine tablets, doggy ones of course.

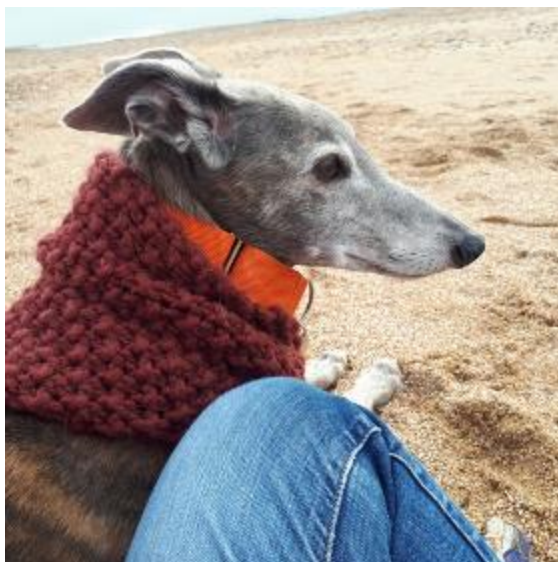
Whatever helps your creaky bones, keep on taking it my lovelies, we'll all need to be supple when lockdown finally ends and we

can explore.

Doz,
the slightly more flexible x

<https://dozontour.blog/>

You can read Elaine's Golden Paste recipe on page 9



YODA AND CHEEZLT'S SCRATCHING POST



Hi Everypawdy!

Like we always say....we hope that everyone has been doing ok and staying healthy and safe. We hope that your humans have been feeding you properly, and have been giving you sufficient amounts of treats and toys. Hopefully they haven't been driving you too crazy.

We don't know how the weather is where you are.... But, here, it has been super duper cold! Brrrr.... Then, all this white fluffy stuff comes

falling from and flying in the sky! We don't know what's going on! One moment we can see everything outside. Then, all of a sudden, everything is gone! All we see is all this white stuff. It's everywhere! The squirrels didn't even come out of their tree hole for, like, two days!

At least we don't think they came out. Momma kept the curtains closed for a few days. She said it was to "keep the cold out of the house". But, she was probably just saying that. Who knows....she lies a lot. But.... We heard Momma say that it is supposed to be warmer soon.

Maybe she'll let us look outside

again then. We are so deprived!

She also told us that if the basement gets full of water when that white stuff melts, that we won't be allowed down there. She said something about not having any life jackets, paw floaties, or canoes for us. We don't know what those things are...but, apparently, we need them for when there's lots of waters. Hmmm.... Maybe that's why we don't like baths. We never have the proper equipment. Something new for us to complain to Momma about. Yay!

Til Next Month,
Yoda & Cheezlt
(and the others)

DUSTY'S DIARY



Hi Pals,

Like everyone, I'm running out of adventures to have on my local walkies, although there are always squirrels that need to be kept in check.

I can't wait to get out exploring again. Although we have still managed to have some excitement here.

I was running around with my

pal Mr Chips, and him being somewhat smaller in stature than me, alerted us to the scent of something good in the bushes and dived in to investigate. I stood and barked loudly to alert everyone to an exciting find as Chips bolted out carrying the most amazing stinky find ever. He had found part of a very decayed deer, and wasn't giving it up for any amount of bribery, and wow, it really was stinky.

We all wanted a closer sniff, and had great fun chasing around with it, of course

avoiding the humans. Chips finally tired himself out, and I got hold of the stinky bone and had a nibble.

It was delicious, but I did have a strange gurgle in my tummy for a few days after. I don't however think the two events are connected, so don't be discouraged from enjoying a treat like this if you come across it.

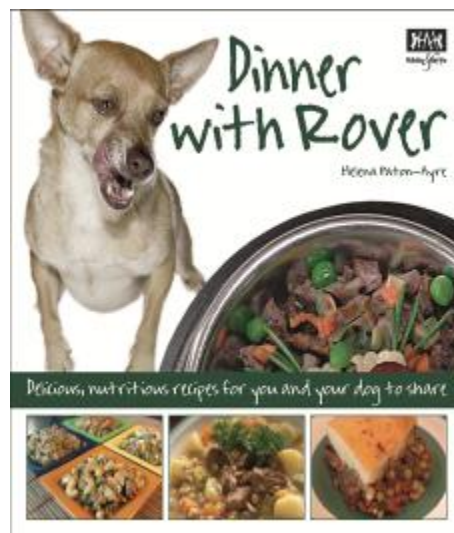
Until next time.
Have a pawsome month
Dusty

ON THE BOOKSHELF

Dinner with Rover - By Helena Payon Ayre

Share breakfast, lunch or dinner with your canine friend. This book is packed with scrumptious recipes that you and your dog will love! Tried and tested by Rambo and his doggy chums, and approved by a vet for nutritional value, the recipes in this full-colour book will transform mealtimes!

You can purchase your copy here: [Dinner with Rover](#)



Dog Relax - By Sabina Pilguy

Dogs are our loyal, four-legged friends. We have an obligation to ensure that they are happy and fulfilled on both mental and physical levels, as well as sufficiently challenged and stimulated.

The technique 'Dog Relax' was developed to ensure that both owner and dog are relaxed, through a combination of breathing and movement exercises for the owner, and stretching, movement and special massage for the dog.

This lovely book holds the secret to a different approach to living and working with your dog.

You can purchase your copy here: [Dog Relax](#)



IN THE KITCHEN



Article By: Fred and Tess

It was my 6th Gotcha Day and Mum and Dad said I needed two cakes to celebrate - a liver cake and a ninny-nanna treatsie cake. As Mum was using her sponge tins we were given a high-sided cake tin to use, which turned out just what we were needing to make the best ever liver cake. Nose bumps to Mum for her make do suggestion. So we thought we would revisit our first ever recipe for Tigger and improve it, BOL!

Best Ever, Just Like the Farmers Market Liver Cake

Ingredients:

450g lambs liver
450g self-raising flour
3 medium eggs
60ml milk
Splash of olive oil, plus oil to coat the inside of the cake tin

Method:

1. Preheat the oven to 180 fan and coat the inside of the cake tin with the oil.
2. In a blender, blitz the liver until there is no lumps left.
3. Add the flour and blitz until you have a paste.
4. Add the eggs, oil and milk and blitz together. Then pour into the tin.
5. Bake for 40 minutes (though check after 30) or until a skewer inserted into the middle of the cake comes out clean.
6. Leave to cool before cutting into pieces.

Storage:

Will keep for a week in a fridge or it freezes very well.



LIGHT AT THE END OF THE LOCKDOWN?

The government has published a four step roadmap to ease restrictions across England to get everyone back to a more normal way of life.

Each step will be assessed against four tests before progressing to the next step. There will be a minimum of four weeks to assess the data from the four tests and one week for everyone to prepare for the next stage. This will hopefully prevent the need for regional tiers or lockdowns again, although it may at times delay progress to the next step.

The four tests are:

1. The vaccine deployment programme continues successfully.
2. Evidence showing vaccines are sufficiently effective in reducing hospitalisations and deaths in those vaccinated.
3. Infection rates do not risk a surge in hospitalisations, putting unsustainable pressure on the NHS.
4. Assessment of the risks is not fundamentally changed by new Variants of Concern.

Step 1 (part 1) – 8th March 2021

Everyone in the top four vaccine priority charts will have received (at least) their first vaccine and have developed a level of protection from it. The Stay at Home requirement will remain, but people can leave home for recreation

outdoors such as a coffee or picnic with their household or support bubble, or with one person outside their household.

- All children will return to face to face education in schools and college.

- Before school, after school, holiday clubs and other supervised children's activities can resume so that parents can return to work/seek work/attend education/seek medical care/attend a support group.

- Care home residents will be allowed one regular visitor, provided they are tested and wear PPE.

- Some university students on practical courses will be able to return to face to face learning.

Step 1 (part 2) – 29th March 2021

This week most schools will break up for Easter.

The Stay at Home order will end, although many lockdown restrictions will remain.

- Outdoor gatherings of either 6 people or 2 households will be allowed, providing greater flexibility for families to see each other. This includes in private gardens.

- Outdoor sports facilities, such as tennis and basketball courts, will be allowed to reopen, and people can take part in

formally organised outdoor sports.

- Continue to work from home where possible

- Overseas travel remains banned, aside for a small number of reasons.

Step 2, no earlier than 12th April 2021

Non-essential retail, personal care premises, such as hairdressers and nail salons, and public buildings, such as libraries and community centres, will reopen.

- Most outdoor attractions and settings, including zoos, and theme parks, will also reopen although wider social contact rules will apply in these settings to prevent indoor mixing between different households.

- Drive-in cinemas and drive-in performances will also be permitted.

- Indoor leisure facilities, such as gyms and swimming pools, will also reopen - but only for use by people on their own or with their household.

- Hospitality venues can serve people outdoors only. There will be no need for customers

LIGHT AT THE END OF THE LOCKDOWN? (CONT.)

to order a substantial meal with alcohol, and no curfew - although customers must order, eat and drink seated.

- Self-contained holiday accommodation, where indoor facilities are not shared with other households, can reopen.

- Funerals can continue with up to 30 people.

- Weddings, receptions and commemorative events such as wakes will rise from 6 to 15.

Step 3, no earlier than 17th May 2021

- Outdoors, most social contact rules will be lifted - although gatherings of over 30 people will not be allowed.

- Outdoor performances such as outdoor cinemas, outdoor theatres and outdoor cinemas can reopen

- Indoor performances will be subject to the rule of 6 or 2 households.

- Indoor hospitality, entertainment venues such as cinemas and soft play areas, the rest of the accommodation sector, and indoor adult group sports and exercise classes can reopen.

- Larger performances and sporting events in indoor venues with a capacity of 1,000 people or half-full (whichever is lower) will also be allowed, as will those in outdoor venues with a capacity of 4000 people or half-full (whichever is lower).

- In the largest outdoor seated venues where crowds can spread out, up to 10,000 people will be able to attend (or a quarter-full, whichever is lower).

- Up to 30 people will be able to attend weddings, receptions, bar mitzvahs, christenings, wakes, and funerals.

Step 4, no earlier than 21st June 2021

It is hoped the vaccination programme continues with the announcement of a new target to offer a first dose of the vaccine to every adult by the end of July.

It is hoped all limits on social contact can be removed.

- Reopen nightclubs, and lift restrictions on large events and performances that apply in Step 3.

- Lift all limits from weddings and other life events.



Calming spray 100ml £8.00 + p&p

Do you suffer from stressful situations?
Such as travelling in a car? Separation anxiety?
Nervous around other dogs or humans?
Go into meltdown with fireworks or other loud noises?

Get your paws on Tigger's Potions & Lotions Calming Spray !!
Made from natural and organic ingredients and made in the UK

To order email me at tigger@tigger.club

TIGGER'S COUPON CORNER

Tigger Club News - By animals - for animals



Discount Voucher

£10 off your next purchase

From www.bugbakes.co.uk

Use code: tigger10 when ordering

Postage not included

Tigger Club News - By animals - for animals



Discount Voucher

10% off your next purchase

From www.lilymoo.co.uk

Use code: TIGGER-MOO when ordering

Postage not included

Tigger Club News - By animals - for animals



Discount Voucher

10% off your next purchase

From www.tigger.club/shop

Use code: Tigger-Paws when ordering

Postage and Newspaper subscriptions not included

You do not have to cut out the coupons to use them
just use the relevant code

If you have any problems using the code, please contact the company
you are trying to purchase goods from

ELAINE'S GOLDEN PASTE RECIPE

Elaine tried making me some golden paste a few months ago for a trial.

You know what pals, it's helped a bit and I have a tiny amount in each meal and some glucosamine tablets, doggy ones of course.

This was the recipe she used:

Golden Paste Recipe

Ingredients:

1/2 cup organic turmeric powder
1 to 1 1/2 cups filtered or spring water

1 1/2 tsp freshly ground black pepper
1/4 cup organic MCT oil or ghee*

Method:

1. Mix the turmeric with 1 cup of the water in a pan.

Save the remaining water in case you need it to thin your paste a bit.

2. Heat it up a little and add the rest.

Storage:

Store in the fridge for a month and add to dog

food.

*The MCT is purified coconut oil and you can't taste it at all. Elaine even has a spoon in the odd cup of coffee for her bones, it's a win win!



DUKE'S DELIGHTS RECIPE

Repawter: Duke

So we are still deep in lockdown but it seems to be working as Covid 19 cases are coming down.

During Lockdown 1.0 hoomans were making banana bread.

In lockdown 3.0 I bring you Duke's Delights (Sweet Heart Biscuits)

The good news is making the biscuits is simple.

Ingredients:

1 sweet potato (medium sized)
125g beef heart
1 cup wholemeal flour (140g)
1/2 cup instant polenta (70g)

1 medium egg
1/2 cup rolled oats (56g)
1/4 cup water (60ml)

Method:

1. Switch oven on 160c, 325f or gas 3

2. Dice heart and blitz into a paste using a blender

3. Place flour, polenta and rolled oats into a mixing bowl.

4. Use a cheese grater, grate the uncooked unpeeled potato into the bowl.

5. Stir stuff in bowl together

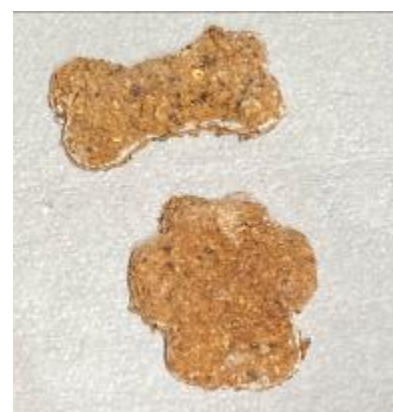
6. Add heart paste, water and egg

7. Knead stuff in bowl into a dough (add more water if needed).

8. Flour a worktop surface

9. Roll dough to 1cm thickness

10. Cut using a pastry cutter into your favourite shape.



ANIMALS WITH CAREERS - MAX

Tell me a little bit about yourself.

Hi I am Max, the lurcher. I have only lived in my new home of Innerleithen for a few weeks. The Scottish Greyhound Sanctuary matched me up with the new humans. They are apparently very good at doing that and I have been told that greyhound Luke, my predecessor, left big pawprints to fill.

How many siblings do you have and long have you had them?

I have a hoo-bro and a hoo-sis. They both live away from home, but we chat on Facetime and they are longing to see me in pawson.

Do you work? If so where/ what do you do?

I am in training as Tour Guide and General Dogsboddy at Cosaig holiday cottage in the Scottish Borders. By the end of this year I should have my SSQ (Scottish Snoozing Qualification) and my SGQ (Scottish Gardening Qualification). I want to work towards my SBQ (Scottish Barking Qualification) but have been told that is for another time.

The training would be exhausting for a lesser hound but according to the hoos I have endless energy. I take that

as a compliment.

I have not yet worked in the cottage but am learning the basic housekeeping ropes at home. I have helped with bed making, dishwashing, vacuuming, gardening and (my favourite job of all) cleaning the bathroom.

The fierce shower monster makes me bark (a lot) but we are working on that. The hoos are tough but fair and are quite generous with the gravy bones.

Much as I love the domestic side of my new job, the most impawtant part is the Tour Guide aspect.

Once I have completed my training, I will be a Tourism Ambassador for the Tweed Valley, so I need to learn all about local places of interest and what-not. During Lockdown we must stay very close to home but that still means there are lots of places to discover. I am checking out woodland and riverside walks so I can recommend the best ones when hounds and their humans can return to the cottage. The sniffs are Incredible round

here and there is so much wild-life to spot. I have seen deer, pheasants, herons and squirrels and my new pal tells me that there are otters around too.

So far, I have seen the outside of St Ronan's Wells, Robert Smail's Printing Works and the grounds of Traquair House. I am looking forward to trying the waters at the wells. The boss says that they might cure my sock stealing habit.

If you could choose your name what would it be?

I think Max is the perfect name for me because I like to live my life to the max.

What is your favourite food?

I am not at all fussy. I enjoy all the dog food I am given but I also like a bit of toast and am partial to pears.



ANIMALS WITH CAREERS - MAX (CONT.)

Where is your favourite place to be?

Wherever my humans are. I get a bit worried when they go out of my sight. Luckily for them I am amazingly good company, so we are all happy.

What is your favourite way to entertain yourself (annoy your humans)?

When I have some time off from the chores I love to play. I have loads of squeaky toys and like to fling them around the room. The hoos are fine with that but for some reason they don't seem to think that

stealing their gloves, socks and slippers is such a good idea. They are a bit strange in some ways...

What is your greatest accomplishment?

I can now stay in the OTHER room for two minutes when the hoos are in the kitchen. This is a big step forward.

What is your next goal in life?

I am longing for the day when I can meet up with all members of the local hound gang for the biggest zoom ever.

If you could be/do anything for a day, what would it be?

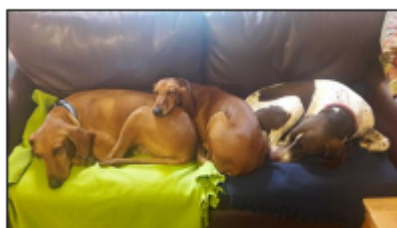
Now that is a difficult question. After thinking long and hard I think I will stick with being me.

Finally and most importantly...What was your human's most embarrassing moment?

It's early days. I haven't quite worked out how best to embarrass them yet....



Holidays at Cosaig make you Dog Tired (but they are worth it)



We donate our charge for dogs to the Scottish Greyhound Sanctuary when rescued dogs come to stay. Mention this advert and we will donate an extra £10.

Follow us on Facebook and @CosaigInners on Twitter



www.cosaigselfcatering.co.uk

PRODUCT REVIEW - BEEF TAILS TREATS

Product Review:

Beef Tails

Cost:

£ 1.50 each

£10.00 for 250g

As well as eating these, I stock and sell them on my website.

Date Bought:

Regularly

Brief Description:

They are exactly as the name describes. Sections of dried beef tails.

They can range in thickness but are usually cut into approximately 140cm lengths.

Uses:

They are used as a treat and given whole.

They are suitable for dogs and puppies over 12 weeks. It is always best to give treats and any foodstuff with plenty

of fresh drinking water available .

Along with being a healthy treat the beef tails are good for teething puppies as they are firm but not solid like bone.

Teething puppies can get the satisfaction of biting them and leaving their teeth prints in them, not to mention you humans having the possibility of un-chewed furniture (and other items) in the house BOL!

They are not at all a pongy treat, which is a bit of a disappointment to us, but your humans will be happy.

They can be used to help keep your teeth and gums clean.

They are a long lasting chew, unless you are a focused chewer, in which case they will not last as long.

They are also perfect for hiding in various random places in the house, although I would not

recommend the not allowed bed as my humans get a bit disgusted at discovering them there BOL!

Rating:

10/10 Paws

Although I may be seen as being biased as I sell these, but that is how I select my stock

This is such a tasty and healthy treat, I have to give it top paw marks



Do you have a product you would like me to review?

Email me the details at: tigger@tigger.club



20 Bowes St, Blyth, Northumberland NE24 1BD Tel: 01670 362333

EVENTS AND ANNOUNCEMENTS

1st March

Misty Will be celebrating her 14th Birthday on the 1st March



Poppy crossed the Rainbow Bridge on the 1st of March 2016



Jeff is celebrating his Birthday across the Rainbow Bridge on the 1st of March

**4th March**

Cooper crossed the Rainbow Bridge on the 4th of March 2019

**9th March**

Cooper will be celebrating his Birthday across the Rainbow Bridge on the 9th of March

**13th March**

Scout will be celebrating his 10th Gotcha Day on the 13th March



If you would like your announcements and events listed here and on my website, email your requests to:

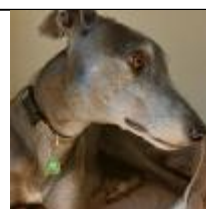
tigger@tigger.club

14th March

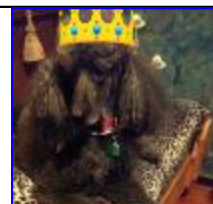
EVENT - Group Walk: - 14th March
Cannock Chase tweetup - Staffordshire
Arrive 10:45am for 11:00am start
**** May be postponed due to covid ****

16th March

Reggingtonlongsnout is celebrating his 8th Birthday on the 16th of March

**21st March**

Sophie crossed the Rainbow Bridge on 21st March 2018



Peachey crossed the rainbow bridge on 21st March 2019
Run free Peachey

**26th March**

Jessie (Loony Lankie Legs) will be celebrating her 7th Birthday on the 26th March

**28th March**

Blue will be celebrating her 11th Birthday on the 28th March



OUT AND ABOUT

SYCAMORE COTTAGE - NORTHUMBERLAND



Sycamore Cottage & Glamping Pods
Northumberland NE48 4AG

Capacity: 3 humans, 2 dog limit

About:

Northumberland is the least densely populated county in England, with only 62 people per square kilometre, it has a deep and rich heritage from numerous battles, coalfields and coastal fishing villages.

Set in the heart of Northumberland, ideally located for the rolling countryside, dramatic coastlines and impressive castles, Sycamore Cottage is located in Barrasford, a pretty and quiet village which sits along the river North Tyne which runs from Kielder reservoir, an ancient village lying in the shadow of Haughton Castle.

Eight miles south of Barrasford is Hexham and its

rich in history, including the Abbey which originated as a monastery founded by Wilfrid in 674, the crypt of the original monastery survives, and incorporates many stones taken from nearby Roman ruins. The current Hexham Abbey dates largely from the 11th century onward, but was significantly rebuilt in the 19th century.

Accommodation:

Space for a travel cot
Enclosed garden with decking/ seated area
Fibre WiFi
Log burner
Smart TV and DVD - Selection of DVDs and books available
Superking bed,
Dishwasher/ washing machine/ fridge/ freezer - very well equipped kitchen.

Small human play area close by
Pub 50 yards away (dog friendly)
Village shop

Note:

The Glamping pods are not available for dogs as they are located on our farm which is still a working farm with livestock.

Please ensure dogs are kept off the furniture

Contact:

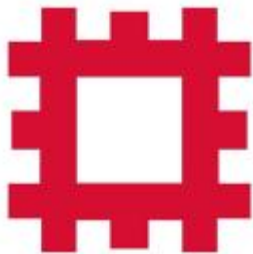
Sycamore Cottage
Front Street, Barrasford,
Hexham, Northumberland
NE48 4AG
Tel: 07793868277
Web-site: www.sycamorecottage.org



Visit www.tigger.club/outandabout for more dog friendly locations

OUT AND ABOUT (CONT.)

BARNARD CASTLE - DURHAM



Barnard Castle **Durham DL12 8PR**

Entry: Free to EH members

Open: seasonal
- check website

About:

Barnard Castle was begun soon after 1093 on a dramatic site above the river Tees.

The castle was built to control a river crossing between the Bishop of Durham's territory and the Honour of Richmond.

Much of the present castle was built during the 12th and early 13th centuries by the Balliol family.

The cliff top inner ward shows the remains of fine domestic buildings, including a magnificent round tower of around 1200.

From the 14th century onwards, the castle belonged to the earls of Warwick, and from 1471 to 1485 to the Duke of Gloucester, later

Richard III.

After a fierce siege in 1569, when the castle was bombarded by rebels, the castle went into steep decline and was effectively abandoned by the early 17th century. It has remained an imposing ruin ever since.

Dog Friendly:

Dogs allowed on lead - throughout site (indoors and out)

Parking:

No parking on location but plenty of parking in the town itself

Facilities:

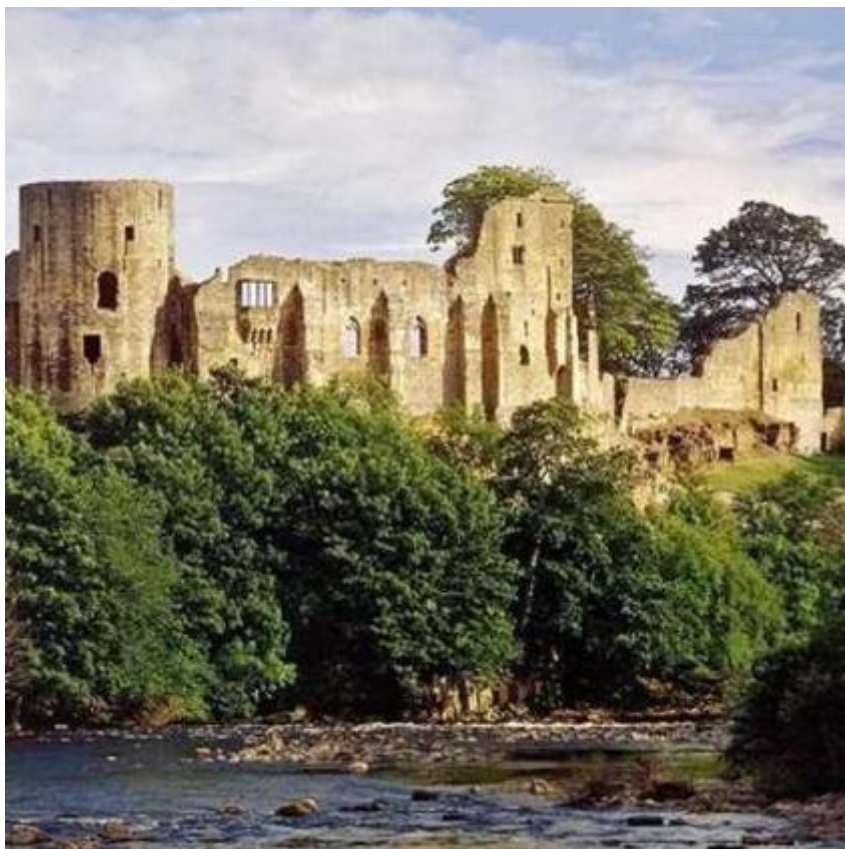
Gift shop
Food and drink
Toilets
picnic area
Shops and cafes nearby in town centre

Notes:

Some ramps for the ground level.
Mainly grass and mostly flat. Short gravel path at the entrance and cobbled area at the gate leading to the garden.

Contact:

Website: www.english-heritage.org.uk



TIGGER'S SHOP

Newspaper & Treats Offer **Newspaper & 25g bag of treats £2.50 (including p&p)**

Get your paws on your own copy of my newspaper delivered straight to your door.

You can order as a one off or as a regular monthly delivery, the choice is yours.

Newspaper and 25g treats - Only £2.50 inc p&p
(6 flavours - randomly chosen for you)
** UK Delivery only **

To order email me at tigger@tigger.club



Tigger's Towels From £5.50 + p&p

I have produced my own range of towels.
Each one is embroidered with a design and your name.
Each towel is trimmed with a gingham fabric so that it is easier for your humans to distinguish between their towels and yours.

Towels available in my range:

Paw Cloth
Small Towel
Large Towel
Tea Towel



Get your paws on your Tigger's Towels today !!
They are even ideal as a gift. Made in the UK

To order email me at tigger@tigger.club

This newspaper and its content are the copyright of
Tigger (and my human) Tiggers_Tails, TiggerClubNews, TiggersTailsClub, Tigger Club - © 2019.
All rights reserved.

Any unauthorised copying or reproduction of any content of this publication is strictly prohibited